

THE CLINICAL EXPLORER

University Program Proposal



The Wild Medic Project
POWERED BY EARTH TRAILS EXPEDITIONS



Welcome

Wild Medic Project

The Wild Medic Project supports frontline primary health clinics and health education programs to communities with limited access to health care. Our team engage with local health professionals and student medical groups in a sustainable and collaborative effort to bring health care access and education to those who need it.

The Clinical Explorer

The Wild Timor Project has an on-going commitment to two communities on Atauro island, to deliver basic healthcare and hygiene related education to local "first responder" volunteers.

In the capital of Dili, students will gain some exposure to a bustling clinic in a developing country working as health assistants while rotating through as clinical observers in the country's ambulance service.

Prior to the trip, students are guided to prepare lessons and scenarios before working alongside local interpreters to deliver the information to the remote communities. After the community educational days, the team will embark on a unique "Fundamentals of remote medicine course" while on the island. This dynamic course adds significant value to what the students gain with regards to knowledge around remote medic practices.

Overall, the project offers the opportunity for lecturers, students and local Timorese communities to benefit in many ways through a purposeful journey throughout this idyllic and peaceful new nation.

The Wild Medic team



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Program Highlights

- ✓ Local city and culture tour
- ✓ Ambulance service clinical observer opportunity
- ✓ Remote seaside community health education clinics
- ✓ Community health humanitarian / hygiene programs
- ✓ Working as a health assistant in clinic that is focusing on malnutrition, HIV, Rheumatic heart disease and Tuberculosis.
- ✓ Fundamentals of remote medicine course
- ✓ Snorkelling a world-class reef shelf
- ✓ Explore the Timor highlands in a 4X4 to visit pristine arabica coffee plantations
- ✓ A visit to Timor's only fixed wing medical retrieval service



Day	Location	Activity	Admin and Logistics
1	Sydney to Darwin	<ul style="list-style-type: none"> Fly out from Sydney to Darwin Night in Darwin to connect with Dili flights 	Domestic flights – Airport transfer to hotel in Darwin. Meals not included
2	Darwin to Dili	<ul style="list-style-type: none"> Fly out of Darwin International Airport to Dili early morning Team leader briefs (personal security, hygiene, water purification, cultural considerations, clinical supervision and expectations) Afternoon city and cultural tour 	Airport transfer to hotel. This is an orientation day to allow the team to settle into their surroundings after the early morning flight. An afternoon city tour with a local guide. Twin share hotel. Meals (B - -)
3	Dili	<ul style="list-style-type: none"> Visit to MAF fixed wing retrieval base Visit to the Dili hospital / Maluk Timor tour 	Twin share hotel. Meals (B - -)
4	Dili	<ul style="list-style-type: none"> Ambulance service orientation – start clinical observer rotations Maluk Timor Clinic orientation and start clinical placement and educationals 	Groups of two or four will work in ambulance while remainder of the group works in the clinic Twin share hotel. Meals (B - -)
5	Dili	<ul style="list-style-type: none"> Continue ambulance clinical observer rotations Maluk Timor Clinic – continue clinical placement and educationals 	Groups of two or four will work in ambulance while remainder of the group works in the clinic Twin share hotel. Meals (B - -)
6	Dili to Beloi	<ul style="list-style-type: none"> Boat from Dili to Beloi (1.5 hours) Visit Vila clinic 7kms away by road Snorkelling opportunity in the afternoon 	Tuk Tuk ride to Vila clinic from Beloi. Eco bungalows / camping – twin share. Meals (B L D)
7	Beloi	<ul style="list-style-type: none"> Full day of Health & First aid training for first responder community volunteers 	Eco bungalows / camping – twin share. Meals (B L D)

Day	Location	Activity	Admin and Logistics
8	Beloi to Adara	<ul style="list-style-type: none"> Trek from Beloi to Adara – Introduction to Fundamentals of Remote Medicine enroute Adara orientation and community immersion 	Take the “open air” vehicle up to the ridgeline for a 1.5 hour trek to down to Adara village where students begin the introduction to Remote Medicine course . Eco bungalows / camping – twin share. Meals (B L D)
9	Adara	<ul style="list-style-type: none"> Full day of health & first aid training for first responder community volunteers 	Eco bungalows / camping – twin share. Meals (B L D)
10	Adara	<ul style="list-style-type: none"> Fundamentals of Remote Medicine Course Day trek Afternoon snorkelling off local reef 	Coastal day trek to Atecru beach SW of Adara & return with theory / practical coursework. Eco bungalows / camping – twin share. Meals (B L D)
11	Adara	<ul style="list-style-type: none"> Continue Fundamentals of Remote Medicine Course Day trek and final course assessments Afternoon snorkelling off local reef 	Day trek to continue theory and practical course work. Eco bungalows / camping – twin share. Meals (B L D)
12	Adara to Dili	<ul style="list-style-type: none"> Boat to Dili (2 hours) Transfer to hotel 	Free afternoon Twin share hotel. Meals (B - -)
13	Dili	<ul style="list-style-type: none"> Organic coffee tour Return to Dili Farewell dinner 	4X4 from hotel up through mountainous highlands to Railaco organic Arabica plantations for private tour. Farewell dinner in evening. Hotel twin share. Meals (B - -)
14	Dili to Darwin to Sydney	<ul style="list-style-type: none"> Early flight out from Dili to Darwin Connect from Darwin to Sydney 	Airport transfers from Dili hotel. Meals (B - -) Conclude the journey



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The Specifics

University:

Discipline: Paramedicine

Duration: 14 days

Dates: TBA (university to confirm)

Cost: \$ 4960 pp (based on 10 pax)

Alternate cost: Includes the cost of two lecturers \$5456 pp

Why choose Wild Medic?

Bespoke

All programs are original and flexible to ensure your needs are fulfilled and the final program meets the university requirements for students and staff.

Launch

Our team will work with the students independently managing their bookings and pre departure preparation whilst engaging with the staff members to ensure a seamless launch of the program.

Admin & Logistics

Our team will take care of all the planning logistics and admin including international flights, transfers, transport, accommodation, food, permits and permissions.

Risk Strategy

Our team will provide a generic, country specific and village risk mitigation strategy that will work to protect the team. As part of this process an expedition handbook will be distributed to all team members.

Operational Support (24/7)

Your team will be allocated a team specific operations manager who will be in regular contact with the team leaders throughout the program providing 24/7 support.

Team leaders

Each team is allocated a clinically qualified and experienced team leader who will be with the team from the departure to home.

In Country Agent

A designated in country agent (ICA) will meet the team at the airport and facilitate an in-country orientation. They will travel with the team and support the team leader in all administrative and logistical requirements.

In Country Staff

Our in country support staff are experts in their chosen fields and will support the team through clinical support, translation, cooking, transport and security.

Sustainable

Our team have spent years developing the relationships with the community that encourages a shared experience.

History

Our team are practicing paramedics and nurses and we understand health care.

Insurance

All Wild Medic programs and participants are covered under a group policy that will provide international emergency evacuation if required.





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Participant Confirmation

Payments

Initial Deposit: \$650 pp is required to secure a position (non refundable)

Last instalment: The remaining balance due no later than 12 weeks prior to departure



A photograph of a male doctor with dark hair, wearing a blue surgical mask and a blue and white striped shirt. He has a stethoscope around his neck and is wearing blue gloves. He is sitting and talking to a patient whose back is to the camera. The patient is wearing a brown t-shirt. They are outdoors, with green foliage in the background. A white sign with red text is partially visible on the left. A dark grey rectangular box with orange text is at the top, and another dark grey rectangular box with white text is in the lower right.

Planning Notes

Please note:

All the same inclusions and exclusions exist for the traveling university staff members. Program, package and cost are current throughout 2019.

To confirm the logistical and administrative services required, the payment deadlines listed on page 9 must be strictly adhered to.

The cost is all inclusive of 24/7 operational support.

Full medical and repatriation insurance is provided to each team member (an insurance product disclosure statement can be provided on request).

The Program

INCLUSIONS:

International return flights ex Sydney and medical / repatriation insurance
Airport transfers
Hotel in Darwin in transit with transfers
All transport including drivers & insurance during the entire experience
All accommodation during the experience
All meals during island project phase and breakfast in Dili
Australian based expedition leader
All government permissions and permits
Medical training equipment during the community educational phase
Ambulance and clinical experiences in the developing world
Private tour of Dili
Team in country host with interpreter
Expedition Handbook
Team shirts
Private boat charter to Atauro island
Fundamentals of Remote Medicine course and certificate
Private coffee tour through the Timor highlands

EXCLUSIONS

Visa (\$30 USD on arrival)
Passport cost
Personal trekking gear
Any food not listed
Extra food / drinks
Calls home/ internet
Cancellation insurance
Personal Protection Equipment (PPE)
Personal equipment eg. stethoscope

On a personal note

The Wild Medic Project have been running medical expeditions for both clinicians and student groups safely since 2015. Our programs focus on providing sustainable solutions to communities where health care access gaps exist.

Unlike our competitors, our placement programs have been built by practicing clinicians who utilise a localised needs-analysis that are developed by the regional health committees. This ensures that our programs build on the community needs identified, and impact community health care positively.

By utilising our programs your teams placement needs will be met whilst your teams involvement will actually provide the means for community groups to access vital health care. It is a shared learning experience that provides means and access.



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What's next?

1. Confirm your travel dates with your planning manager
2. Finalise the program needs and itinerary
3. Launch to the students

Thankyou for taking the time to consider our proposal for CSU paramedical and nursing students in 2019. Lets get your team to Timor-Leste! We would love to discuss running a presentation for your students if required.

If you have any questions, queries or concerns please don't hesitate to contact me on the details below.

Warm regards,

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