

# Chaiju Clinic Report

24-25TH JANUARY 2019



## OVERVIEW

This was the first time Wild medic project (WMP) had visited Chaiju. The Chaiju village clinic assessed and treated a total of 148 patients during operations. We also had approximately 15 people present to the village on the 26<sup>th</sup> January for assessment.

The clinical days presented a large variety of conditions, mostly chronic conditions such as joint pain, eye issues, abdominal disturbances and PID in women. Ages of patients varied from 2 years to 85 years. Two of the more serious cases included an elderly woman with a kerosene lamp burn on her left calf from 4/52 ago. She was assessed, treated and follow up care provided while WMP team remained in village. An eight year old girl cut the tip of her finger off while working in the field. This was cleaned, dressed and follow up care provided by WMP team post clinic days. Both patients appeared to be healing well on WMP departure.

The WMP team consisted of six third year paramedic students from two universities, a final year diploma student and WMP team leader / paramedic Leanne Fowler. The paramedic students conducted an initial vital sign survey, detailed primary and secondary survey and medical history for each patient. The students then were required to give a detailed handover to the supervising physician as well as their recommendations. The physician completed the assessment and prescribed appropriate treatment. The students then dispensed the appropriate medications from the pharmacy/treatment area with assistance from paramedic.

All assessments and information given to patients regarding treatment was communicated using interpreters and some students were able to communicate with the patients with some basic Nepalese words. The students worked with the one patient from start to finish.

Note: Lost med stats in transit.

Medications dispensed included antibiotics such as azithromycin for suspected infections, gastric reflux medication including pantoprazole, omeprazole, and ranitidine. Anti-inflammatories, paracetamol, multivitamins, calcium supplements were also frequently dispensed.

The students conducted basic first aid and hand hygiene techniques to the students of the school in Chaiju. The village was very receptive to WMP in general. Days for girl's packs were also distributed to girls from the school. There was a female interpreter present for this session which is important culturally and was successful. We ran a half an hour session for the days for girls packs.

Team Leaders: Leanne Fowler and Gokul Chanytal

Team members: Kellie Ogg, Eugene Shin, Taylor Durrant, Emma Day, Phil Bowden, Kira De Lore, Zoe Marshall