

The Clinical Adventurer

University Program Proposal



The Wild Medic Project
POWERED BY EARTH TRAILS EXPEDITIONS



Welcome

Wild Medic Project Nepal

The Wild Medic Project supports frontline primary health clinics and health education programs to communities with limited access to health care. Our team engage with local health professionals and student medical groups in a sustainable and collaborative effort to bring health care access to those who need it.

The Clinical Adventurer

The Clinical Adventurer has been specifically designed to engage and immerse students groups of nursing, paramedicine and medicine in clinical relevant activities(120-160 hours) whilst experiencing the culture of their host country.

Students will not only experience observational clinical placements, they will have the opportunity to work along side local physicians in humanitarian health assistants roles as well as provide real basic life support training. This experience culminates with the internationally recognised Fundamentals of Remote Medicine course.

A huge thank you for getting behind the project, we guarantee this experience will be one your students will remember!

The ETX Wild Medic team



Program Highlights

- ✓ Local hospital experience
- ✓ Ambulance exposure
- ✓ Working as a Humanitarian Health Assistant
- ✓ Community clinics
- ✓ Home visits for the immobile
- ✓ Community health educational programs
- ✓ Completing the course Fundamentals of Remote Medicine with a Poon Hill Summit attempt
- ✓ A moving experience at SASANE
- ✓ Visiting the culturally rich open-air Hindu crematoria



Day	Location	Activity	Admin and Logistics
1	Australia	Fly out of Brisbane International	airport transfer
2	Kathmandu (KTM)	<ul style="list-style-type: none"> Orientation day Team leader briefs (personal security, hygiene, water purification, cultural considerations, clinical supervision and expectations) Afternoon city tour with the open air Hindu crematoria 	This is an orientation day to allow the team to settle into their surroundings. Change money, organise and restock the medical kits, purchase the medication. Meals (B - -)
3	KTM	<ul style="list-style-type: none"> First aid training for senior students (international school) SASANE experience 	Transportation Twin share hotel /Meals (B - -)
4	KTM	<ul style="list-style-type: none"> Nepal Disaster and Emergency Medicine Centre (NADEM) collaboration KTM University Hospital ED tour 	Transportation Twin share hotel /Meals (B - -)
5	KTM	<ul style="list-style-type: none"> Anandaban Hospital (Leprosy hospital) Day tour Final Exped Prep 	Transportation Twin share hotel /Meals (B - -)
6	Helambu Region	<ul style="list-style-type: none"> 4x4 jeeps to village clinics Set up camp Establish the clinic and open 	Establish the clinic after consultation with community leaders Twin share camping /Meals (B L D)
7	Helambu Region	Facilitate the primary health clinics	Twin share camping /Meals (B L D)
8	Helambu Region	Facilitate the primary health clinics	Twin share camping /Meals (B L D). Note: Basic first aid training for local school staff
9	Helambu Region	Facilitate the primary health clinics	Twin share camping /Meals (B L D)

The Journey

Day	Location	Activity	Admin and Logistics
10	Helambu Region	<ul style="list-style-type: none"> Facilitate the clinics in the morning and then move by 4x4 jeeps to two new village locations Set up camp Establish the clinic and open 	Twin share camping /Meals (B L D) Note: Afternoon clinics after arrival
11	Helambu Region	Facilitate the clinics	Twin share camping /Meals (B L D). Note: Basic first aid training of local school staff
12	Helambu Region	<ul style="list-style-type: none"> Facilitate the clinics in the morning and then 4x4 jeep back to KTM 	Twin share hotel /Meals (B - -). Note: Morning Clinics before departure
13	KTM - Pokhara	Bus from KTM to Pokhara	Expedition staging area Twin share hotel /Meals (B - -).
14	Annapurna National Park	Trek from Nayapul and trek to Tirkhedhunga	Fundamentals of Remote Medicine Course training: Theory and Practical scenarios will be run during the trek. Tea house accommodation /Meals (B L D).
15	Annapurna National Park	Trek to Ghorepani 2,860m	Fundamentals of Remote Medicine Course training: Theory and Practical scenarios will be run during the trek. Tea house accommodation /Meals (B L D).
16	Annapurna National Park	Trek to Poon Hill 3,210 m and down to Tadapani	Poon Hill summit: Team members pair up and conduct an medical response assessment taking into account distance, time and availability of resources. They will construct and emergency management plan that incorporates an initial response and an evacuation procedure. Tea house accommodation /Meals (B L D).
17	Annapurna National Park	Trek to Ghandruk 1,950 m	Fundamentals of Remote Medicine Course training: Theory and Practical scenarios will be run during the trek.

The Journey

Day	Location	Activity	Admin and Logistics
18	Annapurna National Park	Trek to Nayapul and drive back to Pokhara	Fundamentals of Remote Medicine Course: Final theory assessment.
19	Pokhara	Green Pastures Hospital Tour	Laundry!
20	Travel from Pokhara - KTM	This can either be a bus or via rafting	Note: Grade 3 rapids are only permitted under the risk mitigation strategy.
21	KTM	Contingency day	
22	Fly Home	Airport drop off	

The Specifics

Partner: (insert) University

Discipline: Paramedicine

Duration: 22 days

Dates: TBA (partner to confirm)

Cost: \$5130 pp (based on 10 pax)

Alternate cost: includes the cost a partner staff member
\$5461.00pp

Please note:

- All the same inclusions and exclusions exist for the traveling partner staff members.
- Program, package and cost are current throughout 2020.
- To confirm the logistical and administrative services required, the payment deadlines listed on page 9 must be strictly adhered to.
- The cost is all inclusive of 24/7 operational support.
- Full medical and repatriation insurance is provided to each team member (an insurance product disclosure statement can be provided on request).

Why choose Wild Medic?

Bespoke

All programs are original and flexible to ensure your needs are fulfilled and the final program meets the university requirements for students and staff.

Launch

Our team will work with the students independently managing their bookings and pre departure preparation whilst engaging with the staff members to ensure a seamless launch of the program.

Admin & Logistics

Our team will take care of all the planning logistics and admin including international flights, transfers, transport, accommodation, food, permits and permissions.

Risk Strategy

Our team will provide a generic, country specific and village risk mitigation strategy that will work to protect the team. As part of this process an expedition handbook will be distributed to all team members.

Operational Support (24/7)

Your team will be allocated a team specific operations manager who will be in regular contact with the team leaders throughout the program providing 24/7 support.

Team leaders

Each team is allocated a clinical qualified and experienced team leader who will be with the team from the departure to home.

In Country Agent

A designated in country agent (ICA) will meet the team at the airport and facilitate an in-country orientation. They will travel with the team and support the team leader in all administrative and logistical requirements.

In Country Staff

Our in country support staff are experts in their chosen fields and will support the team through clinical support, translation, cooking, transport and security.

Sustainable

Our team have spent years developing the relationships with the community that encourages a shared experience.

History

Our team are practicing paramedics and nurses and we understand health care.

Insurance

All Wild Medic programs and participants are covered under a group policy that will provide international emergency evacuation if required.





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Participant Confirmation

Payments

Initial Deposit: \$650 pp is required to secure a position (non refundable)

Last instalment: The balance due

(due 16 weeks prior to departure)

(Payment plans are available)



The Program

INCLUSIONS:

International flights and medical / repatriation insurance
Airport transfers
All transport including drivers & insurance during the entire experience
All accommodation during the experience
Most meals
Australian based expedition leader
All government permissions and permits
All medications and medical equipment during the community clinic phase
Supervising doctor during the community phase
SASANE visit
Fundamentals of Remote Medicine
Summit attempt on Poon Hill (weather dependant)
All Porters , Sherpas and a team ICA
Expedition Handbook
Team Expeditions Jacket, T-Shirt, duffel bag
Private tour of Kathmandu City with the open air Hindu crematoria

EXCLUSIONS

Visa (\$40 USD on arrival)
Passport cost
Personal trekking gear
Any food not listed
Extra food / drinks
Calls home/ internet
Cancellation insurance
Personal Protection Equipment (PPE)
Personal equipment eg. stethoscope

On a personal note

The Wild Medic Project have been running medical expeditions for both clinicians and student groups safely since 2015. Our programs focus on providing sustainable solutions to communities where health care access gaps exist.

Unlike our competitors, our placement programs have been built by practicing clinicians who utilise a localised needs-analysis that are developed by the regional health committees. This ensures that our programs build on the community needs identified, and impact community health care positively.

By utilising our programs your teams placement needs will be met whilst your teams involvement will actually provide the means for community groups to access vital health care. It is a shared learning experience that provides means and access.



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What's next?

1. Confirm your travel dates with your planning manager
2. Finalise the program needs and itinerary
3. Launch to the students

Thankyou for taking the time to consider our proposal your students in 2020. Lets get your team to a mountain clinic!

If you have any questions, queries or concerns please don't hesitate to contact me on the details below.

Warm regards,

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